

- Super Grandpa -



It's a bird!// It's a plane!// No, it's SUPER Grandpa!// He isn't America's **imaginary** man of **steel**.// He is Sweden's/ very real grandfather of steel,/ and he lived to age 102.// He couldn't fly through the air,/ but he sure could make his bicycle fly.//

At the young age of 66,/ he tried to join a 1,000 mile race,/ but was **rejected**.// He looked too **weak**.//

Grandpa Gustaf painted a zero on a cloth,/ **strapped** it to his chest,/ and raced anyway.// Doctors thought it would kill him.// The police/ tried to give him a **medical** checkup,/ but Gustaf **cycled** on.//

He slept only one hour a night/ for five days.// The **rules**/ forced the younger, **official competitors** to sleep,/ so the old man finished first/ with a **lead** of about a day.//

At 72,/ he **pedaled** from Sweden to Jerusalem.// He was most proud/ of **inspiring** other elders/ to never give up on life.//

鳥だ！// 飛行機だ！// いや、スーパーじいちゃんだ！// 彼はアメリカの架空の鋼鉄の男（スーパーマンの異名）ではない // 彼はスウェーデンに実在した鋼鉄の祖父で / 102歳まで生きた // 彼は空を飛ぶことはできなかったが / 自転車なら本当に飛ばしていたのである //

66歳という若さで/ 彼は1000マイルを走るレースに参加しようとした/ しかし拒否された/ 彼はあまりに弱々しく見えた//

グスタフじいさんは布にゼロと書いて / それを胸に括りつけ / そのままレースに出た // 医者はそれが彼にとって命取りになると思った // 警察は / 彼に医療チェックを受けさせようとしたが / グスタフはひたすら走り続けた //

彼は一日たった一時間しか寝ず / それが五日間続いた // ルールでは / 若き正式な選手は睡眠をとる決まりだったので / その結果その老人は一着でゴールし / おおよそ一日ぶんの差をつけた //

72歳で / 彼はスウェーデンからエルサレムまで自転車で走破した// 彼が一番誇りに思ったのは / ほかの老人を奮い立たせたことだ / 人生をあきらめないよう//

Vocabulary and Phrases

imaginary	架空	cycle	自転車をこぐ
steel	鉄	rule	規則
reject	拒否する	official	正式な
weak	弱い	competitor	競技者
strap	結びつける	lead	引き離し
medical	医療的	pedal	こぐ
		inspire	心を動かす

Total Number of words used

: 156 words

Time for 100 wpm

: 94 sec.

Time for 120 wpm

: 78 sec.

Your BEST TIME

: sec.



【Listen & Fill Blank】

It's a _____! It's a plane! No, it's _____
_____. He isn't America's imaginary man of _____.
He is Sweden's very real grandfather of steel, and he lived to
age _____. He couldn't fly _____ the air, but he
sure could make his bicycle fly.

At the young age of 66, he tried to join a 1,000 mile
race, _____ was rejected. He looked too weak.

Grandpa Gustaf painted a zero on a _____, strapped
it to his chest, and raced anyway. Doctors thought it would
kill him. The police tried _____ a medical check
up, but Gustaf cycled on.

He slept only one hour a night for _____ days. The rules
forced the younger, official _____ to sleep, so the
old man finished first with a _____ of about a day.

At 72, he pedaled from Sweden to Jerusalem. He was
most _____ of inspiring other elders to _____
_____ on life.

【Q&A / A&Q】

Question 1: How old was Gustaf when he attempted the 1,000 mile race?

Question 2: How did Super Grandpa win the race?

Question 3: Do you like to ride a bicycle? If not, how do you like to travel?

Ask 1: 答えが「Jerusalem」である質問を英語で書いてください

Ask 2: Elders についての質問を英語で書いてください

Ask 3: 本文について知りたいことを英語で1つ書いてください

Sample Answer 1: 66

He was 66 years old when he raced 1,000 miles.

Sample Answer 2: He only slept one hour a night.

Grandpa Gustaf won the race by breaking the rules and sleeping less than the other contestants.

Super Grandpa never gave up, and won because he almost never slept.

Sample Answer 3: I love to ride a bicycle. I want to ride all across Japan!

I do not like to cycle because I once fell off and hurt myself badly. I like to walk.

I like trains.

Sample Question 1: Where did Gustaf visit from Sweden on his bicycle when he was 72?

What distant country is Gustaf famous for visiting in his old age?

Sample Question 2: Should elders give up?

When does one become elderly?

Were elders inspired by Gustaf and his bicycle?

Sample Question 3: Was there a war in Israel at the time?

Why was Grandpa Gustaf so strong?

How far was the world's longest bicycle trip?