

Dictation Contest (PRJr, 初級) No. 120

Hello, everyone!

Let's read a little bit of this world-famous book: *The Very Hungry Caterpillar*.

In the light of the moon, a little egg lay on a leaf. One Sunday morning, the warm sun came up and – pop! – out of the egg came a tiny and very hungry caterpillar. He started to look for some food.

Let's read a little more next time, okay?

See you, guys!

Dictation Contest (PR1, 中級) No. 120

Hey, guys! How's it going?

Last time, we learned that Luke was having difficulty with his training from the Jedi master, Yoda. But what about Han Solo and the other guys? They escaped from Hoth but are they safe? Let's find out:

Meanwhile the *Millennium Falcon* is being chased by the Imperial Star Destroyers. Han Solo has a plan to escape. He flies into an asteroid field. "They'd be crazy to follow us," Han says. The giant Imperial Star Destroyers can't follow the *Millennium Falcon*, but smaller TIE-Fighters can! They swoop and swerve and finally crash into the flying rocks.

Ah! So, it looks like they are safe for now – but for how long? Let's find out next time!

**Dictation Contest (PR2 上級) No. 120**

Hey, guys! How are you doing?

Hope you're all still staying healthy and safe.

Now, I say that at the start of a lot of my videos, but are you actually staying healthy? Do you feel like you're living healthily compared to before the coronavirus pandemic? Some people apparently feel even healthier than they did before! Listen to this:

Nearly half of the people in Japan feel they are healthier now than before the spread of the novel coronavirus due to adopting improved lifestyles as a result of the virus-induced curbs on going out, according to a private survey released September 2<sup>nd</sup>. Of 5,640 respondents, a total of 48.1% said they now felt "healthier" or "slightly healthier" when asked about changes in their wellness during stay-at-home measures implemented following the coronavirus outbreak, an online poll by Meiji Yasuda Life Insurance Company showed.

Huh, interesting... I suppose with bars and other services being closed, people might have started to cook at home more and eat healthier. But with gyms being closed and sports clubs being cancelled, I suppose there was also a little less opportunity for exercise. Hmm, I for one definitely don't feel as good as I did before all this started, but what about you guys? Do you feel healthier now? Or the same? Let me know, okay?

And, as always – study hard, stay safe, and I'll see you soon.